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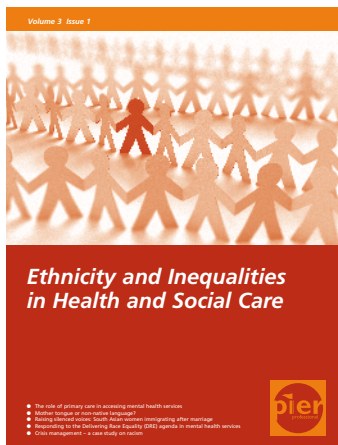


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Aims and scope

Ethnicity and Inequalities in Health and Social Care promotes equalities in health and social care. It is a vital source of information with its themes clearly located in practice and includes coverage of:

- identifying and preventing all inequalities
- access to services
- support, care and quality of service provision and outcomes.

Published quarterly, this peer-reviewed Journal explores what is currently known about racism, discrimination and disadvantage and considers interventions that will overcome barriers and promote equality.

The Journal includes:

- a unique practical focus on tackling inequalities
- clear implications for practitioners
- user perspectives and experiences
- examples of best practice and 'what works'
- international perspectives, clearly highlighting learning for a UK audience.

Recent articles

- **Peer-reviewed paper** – Consultation, referral and ethnicity: the role of primary care in accessing mental health services (3,1)
- **Commentary** – Responding to the Delivering Race Equality (DRE) agenda in mental health services: national recommendations informed by local experience (3,1)
- **Peer-reviewed paper** – Cultural competence: definition, delivery and evaluation (2,4)
- **Project report** – The 'Twice a Child' projects: learning about dementia and related disorders within the black and minority ethnic population of an English city and improving relevant services (2,4)

Who needs it?

Ethnicity and Inequalities in Health and Social Care is vital for everyone involved in race equality or wider equalities for under-represented or disadvantaged groups in health and social care. It is a hugely valuable source of information for practitioners, managers, policy-makers, academics, universities and colleges, NHS and primary care trusts, local authorities, social workers, psychologists, nurses, voluntary sector workers, services users, carers and students.

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Consultation, referral and ethnicity: the role of primary care in accessing mental health services

Volume 3, Issue 1

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Abstract

Young men of African–Caribbean origin are over-represented in mental health services (MHSs), often entering these services by coercive routes, such as under the *Mental Health Act* or via the criminal justice system. This pilot study focused on patients' narratives of their journey from first contact with primary care services. Our principal aim was to describe and compare early experiences of help-seeking for serious mental health problems among young men of white and black ethnicity.

In-depth interviews were conducted (using a topic guide) with black and white men aged 18–30 years old and who were accessing secondary care mental health services for the first time for a psychotic illness. Participants were recruited from the early intervention services serving inner-city Birmingham. Seven participants were interviewed, and 12 themes were identified from transcripts.

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